

MPOX

WHAT YOU NEED TO KNOW

Mpox is a disease caused by a virus. It spreads through close or intimate contact with an infected person, direct contact with an infected animal or exposure to contaminated objects. Individuals with mpox typically develop a rash resembling pimples or blisters, which can appear anywhere. Flu-like symptoms may occur before the rash appears.

SYMPTOMS:

RASH, BUMPS, OR BLISTERS

- These may appear anywhere on the body, including the genitals
- This may look similar to herpes or other common skin rashes

OTHER SYMPTOMS

- Respiratory symptoms (sore throat, cough, nasal congestion, etc.)
- Fever
- Headache
- Muscle ache
- Swollen lymph nodes
- Chills
- Exhaustion



Symptoms start 5-21 days after exposure.



IF YOU HAVE SYMPTOMS, ISOLATE FROM OTHERS AND CONTACT A HEALTHCARE PROVIDER RIGHT AWAY.

Protect Yourself and the Ones You Love!

- Avoid physical and intimate contact with anyone who has symptoms
- Talk openly with partners about symptoms before intimate contact
- Clean hands, objects surfaces and bedding if you encounter someone with symptoms

If you think you may be eligible to receive a mpox vaccine, please reach out to your health care provider or local health department.

For more information visit:

<https://www.cdc.gov/mpox/vaccines/index.html>

